



Labour Saving Solutions

Easy-to-prepare products that address today's staffing challenges in healthcare & senior living

Fully cooked and seasoned

Most are IQF or pre-sliced

Senior-friendly: traditional in appeal, easy to cut and chew

Healthcare appropriate: controlled sodium, suitable protein content

Can be used in various menu applications

Can be quickly adapted for texture modified diets

Most are less than \$1.40 per portion

	Product	Key Attributes	Easiest-to-Prepare Menu Suggestions	Hot Applications			Cold Applications	Case Yield	Less than \$1.40 per Portion	Maple Leaf Code
				Pre-portioned Heat & serve No gravy or sauce required	Pre-portioned Heat & serve with gravy or sauce	Requires portioning and may need gravy or sauce	Requires portioning and may need mayo			
Poultry	<u>NEW Grilled Diced Chicken Breast</u>	IQF, NO FOWL, allergen-free, grill marks, Canadian	Add mayo and serve in sandwich				✓	67 x 60g portions	✓	43848
	<u>Pulled Chicken</u>	No allergens, tender texture, Canadian, reduced sodium	Heat, add bbq sauce and serve on bun or add mayo and serve cold			✓	✓	75 x 60g portions	✓	26995
	<u>Breaded Chicken Breast Cutlet 87g</u>	IQF, made with whole muscle chicken breast pieces	Heat and serve - centre of plate or bun	✓	✓			46 x 87g cutlets	✓	13238
	<u>Chicken Dippers (boneless breast bites) 30g</u>	IQF, whole muscle breast meat, tender texture	Heat and serve with side of sauce	✓	✓			44 x 90g (3 pieces)		64004
	<u>Seasoned Boneless Chicken Thigh 90g</u>	IQF, grilled, seasoned perfectly	Heat and serve	✓				44 x 90g thighs		21355
	<u>Roast Turkey Breast Slices 30g</u>	Low sodium, high protein, pre-sliced, can boil in bag	Heat and serve, top with turkey gravy		✓			80 x 60g (2 slices)	✓	21363
	<u>Turkey Burger 3oz</u>	IQF, tender texture, grill marks	Heat and serve as center of plate or on bun	✓	✓			54 x 3oz burgers	✓	55692
	<u>Diced Turkey Breast</u>	IQF, allergen-free, grill marks, Canadian	Add mayo and serve in sandwich				✓	67 x 60g portions	✓	64364
Beef	<u>BBQ Beef Ribette 85g</u>	IQF, tender texture, sauced	Heat and serve	✓				54 x 85g ribettes	✓	41434
	<u>Pulled Beef</u>	No allergens, tender texture, Canadian, reduced sodium	Heat, add bbq sauce and serve on bun			✓		75 x 60g portions		26985
	<u>Broiled Beef Meatballs 10g</u>	IQF, tender texture, 100% beef	Heat and serve with tomato or Swedish-style sauce		✓			75 x 6 meatballs	✓	40118
	<u>Thick Carved Beef Pot Roast in Gravy</u>	Pre-sliced, whole muscle, tender texture, can boil in bag	Heat and serve - centre of plate or bun	✓				58 x 85g portions		33550
	<u>Beef Burger 3oz</u>	IQF, tender texture, grill marks	Heat and serve on bun or as a Salisbury steak	✓	✓			54 x 3oz burgers	✓	41522
	<u>Shaved Steak</u>	Tender texture, Canadian	Heat, add au jus or bbq sauce and serve centre of plate or on bun			✓		90 x 60g portions		33548
	<u>Meatloaf Slices 90g</u>	IQF, tender texture	Heat and serve, top with beef or mushroom gravy	✓	✓			50 x 90g pieces		21375
	<u>Roast Beef Slices 60g</u>	Low sodium, high protein, pre-sliced, can boil in bag	Heat and serve, top with beef gravy		✓			120 x 60g slices		28639

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<u>Healthy Selections Shaved Beef</u>	Low sodium, high protein, whole muscle	Serve in cold sandwich or add au jus for hot sandwich			✓	✓	90 x 60g portions		01188
<u>BBQ Pork Ribette 85g</u>	IQF, tender texture, sauced	Heat and serve	✓				54 x 85g patties	✓	72230
<u>Roast Pork Slices 30g</u>	Low sodium, high protein, pre-sliced, can boil in bag	Heat and serve, top with pork or mushroom gravy		✓			80 x 60g (2 slices)		21354
<u>Boneless Pork Chops 90g</u>	IQF, low sodium, tender texture, high in protein	Heat and serve, top with pork or mushroom gravy		✓			60 x 90g chops		21364
<u>Country Dinner Pork Sausage 55g</u>	IQF, skinless, gluten-free, tender texture	Heat and serve	✓	✓			90 x 55g sausages	✓	64003
<u>Pulled Pork</u>	No allergens, tender texture, Canadian, reduced sodium	Heat, add bbq sauce and serve on bun			✓		75 x 60g portions	✓	26980
<u>Pork Sausage Patty 50g</u>	IQF, tender texture	Heat and serve as centre of plate or on bun	✓				100 x 50g patties	✓	23108
<u>Ready Links Breakfast Pork Sausages 23g</u>	IQF, skinless, reduced sodium, tender texture	Heat and serve	✓				200 x 23g sausages	✓	64000
<u>Toupie Ham</u>	Boneless, hardwood smoked, Canadian	Heat, slice and serve hot or slice and serve cold			✓	✓	111 x 90g portions	✓	52672
<u>Easy Carve Ham</u>	42% reduced sodium, bone easily removed, Canadian	Heat, slice and serve hot or slice and serve cold			✓	✓	66 x 90g portions	✓	64696
<u>Hot Dog 6" 10/lb</u>	IQF, skinless Explore our many hot dogs!	Heat and serve on bun with condiments	✓				120 x 45g wieners	✓	13641
<u>Chicken Pot Pie 125g</u>	Small chunks of tender chicken	Heat and serve	✓	✓			36 pies	✓	81035
<u>Beef Pot Pie 125g</u>	Ideal for soft diets	Heat and serve	✓	✓			36 pies	✓	81019
<u>Turkey Pot Pie 125g</u>	Carrots and peas add colour	Heat and serve	✓	✓			36 pies	✓	44129
<u>Steak & Mushroom Pot Pie 125g</u>	Small chunks of moist steak and mushrooms	Heat and serve	✓	✓			36 pies	✓	40004
<u>Chicken & Leek Pie 125g</u>	Ideal for soft diets	Heat and serve	✓	✓			36 pies	✓	43002
<u>Tourtiere 125g</u>	Ideal for soft diets	Heat and serve	✓	✓			36 pies	✓	20126
<u>Sure Slice Deli Turkey Breast</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	52 x 58g (3 slices)	✓	21334
<u>Main Street Deli Smoked Turkey</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	52 x 58g (3 slices)	✓	42684
<u>Sure Slice Black Forest Ham</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	52 x 58g (3 slices)	✓	21440
<u>Main Street Deli Old Fashioned Ham</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	52 x 58g (3 slices)	✓	42459
<u>Sure Slice Roast Beef</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	78 x 48g (2 slices)	✓	21333
<u>Main Street Deli Roast Beef</u>	Reduced sodium, gluten-free, easy to 'peel'	Serve hot or cold, sandwich or centre of plate			✓	✓	78 x 48g (2 slices)	✓	42706



Click on the product name above for ingredient, allergen, and nutritional information, as well as recipe ideas! Contact your Sales Representative for more information